

# GAMBLING SELF EXCLUSION FORM



Please complete and sign this form and return it to Cancer Research UK

- by email: [raffle@cancer.org.uk](mailto:raffle@cancer.org.uk) , OR
- by post: Supporter Contact Team, Cancer Research UK, PO Box 1561, Oxford OX4 9GZ

Please exclude me from all Cancer Research UK lottery and raffle activity with immediate effect. I understand that by submitting this form, the exclusion will remain in place until I telephone Cancer Research UK (0300 123 1861) to tell you that I wish to begin gambling again.

Please note that by law the self-exclusion must apply for a minimum period of 6 months.

<b>Title</b>	
<b>First name</b>	
<b>Last name</b>	

<b>Date of Birth</b>	
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<b>Address line 1</b>	
<b>Address line 2</b>	
<b>Address line 3</b>	
<b>Town</b>	
<b>Postcode</b>	

<b>Supporter Number (if known)</b>	
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<b>Date</b>	
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## Counselling and Support Services

**Are you gambling more than you really want to?** If you or a family member feel that you are experiencing problems with gambling, you can seek advice and support from trained counsellors at GambleAware by calling the National Gambling Helpline on 0808 8020 133 or visit their website [www.gambleaware.co.uk](http://www.gambleaware.co.uk).

Software is available to prevent an individual computer from accessing gambling internet sites – please see [www.gamblock.com](http://www.gamblock.com) for further information.

For more information on Cancer Research UK's approach to responsible gambling, please see our [Social Responsibility Policy](#).