Scottish Primary Care Cancer Group

Dr Hugh Brown
Chair
Membership

- Primary care leads from mainland health boards
- Representatives from community nursing
- Invited guests
Meeting schedule

- 3 monthly meetings usually first Friday
  March, June, September and December
Other groups

- Scottish cancer task force
- National cancer clinical strategy group
- National tumour marker group
Topics include

- Detect Cancer early
- Macmillan modules
- NCDA
- TCAT
How can Primary Care contribute to the Detect Cancer Early Programme?

1. Bowel Screening Programme
2. Direct access to certain diagnostics
3. Reviewing the referral guidelines
Bowel Screening:

The Screening Kit
In your pack, you will find:

• Red and white test kit
• Cardboard sticks
• Free return envelope
Scottish Referral Guidelines for Suspected Cancer

Quick Reference Guide

The Quick Reference Guide has been produced by the Scottish Referral Guidelines Steering Group in conjunction with specialist guidelines groups, with support from NHS Healthcare Improvement Scotland and the Scottish Government.

The Guide is based on the Scottish Referral Guidelines for Suspected Cancer, a copy of which is available at http://tinyurl.com/kfjxznth

Unless otherwise stated, patients with a suspicion of cancer should be referred urgently.

General Principles

Patients’ and carers’ needs:
- All healthcare professionals should be sensitive to the needs of patients, carers and relatives when cancer is suspected

Good practice includes:
- being sensitive to the patient’s wishes to be involved in decisions about their care
- providing understandable information at a level appropriate to the patient’s wishes to be informed
- providing information about any referral to other services in a variety of formats, whether to secondary or tertiary care, including how long they might have to wait, who they are likely to see, and what is likely to happen to them
- considering carefully the need for physical and emotional support while awaiting an appointment with a specialist
- considering any carer’s needs for support and information, taking issues of confidentiality into consideration
- taking the individual’s particular circumstances into account, for example, age, family, work and culture
- being aware of, and offering to provide access to, sources of information in various formats
- maintaining a high standard of communication skills, including, for example, in the process of breaking bad news

Breast Cancer

Oesophago-Gastric, Hepatobiliary and Pancreatic Cancers

Urological Cancers

Skin Cancers

Brain/Central Nervous System Tumours

Children, Teenagers and Young Adult Cancers

Pregnant Spinal Cord Compression

Lung Cancer

Lower Gastrointestinal Cancer

Gynaecological Cancers

Haematological Cancer

Head and Neck Cancers

Sarcomas and Bone Cancers

Local Contact Information
Promotion of recovery

- TCAT - Transforming care after treatment
- Focus on well being and ability not disability
- End needless follow up visits create capacity
Promotion recovery

- Accessible and affordable options
- eg sponsored reduced entry to local gyms
<table>
<thead>
<tr>
<th>Diagnosis:</th>
<th>Date of Diagnosis:</th>
<th>Organ/Staging</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>Local/Distant</td>
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</table>

<table>
<thead>
<tr>
<th>Summary of Treatment and relevant dates:</th>
<th>Treatment Aim:</th>
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<table>
<thead>
<tr>
<th>Possible treatment toxicities and / or late effects:</th>
<th>Advise entry onto primary care palliative or supportive care register</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Yes / No</td>
</tr>
<tr>
<td></td>
<td>DS 1500 application completed</td>
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<tr>
<td></td>
<td>Yes / No</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Alert Symptoms that require referral back to specialist team:</th>
<th>Contacts for re referrals or queries:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>In Hours:</td>
</tr>
<tr>
<td></td>
<td>Out of hours:</td>
</tr>
<tr>
<td></td>
<td>Other service referrals made: (delete as nec)</td>
</tr>
<tr>
<td></td>
<td>District Nurse</td>
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<tr>
<td></td>
<td>AHP</td>
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<tr>
<td></td>
<td>Social Worker</td>
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<tr>
<td></td>
<td>Dietician</td>
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<td></td>
<td>Clinical Nurse Specialist</td>
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<td></td>
<td>Psychologist</td>
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<td>Benefits/Advice Service</td>
</tr>
<tr>
<td></td>
<td>Other</td>
</tr>
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<table>
<thead>
<tr>
<th>Secondary Care Ongoing Management Plan: (tests, appointments etc)</th>
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</thead>
<tbody>
<tr>
<td>Required GP actions in addition to GP Cancer Care Review (e.g. ongoing medication, osteoporosis and cardiac screening)</td>
</tr>
<tr>
<td>Summary of information given to the patient about their cancer and future progress:</td>
</tr>
<tr>
<td>Additional information including issues relating to lifestyle and support needs:</td>
</tr>
</tbody>
</table>
SPCCG

- Improving the quality of cancer care in primary care
  - Through liaison with national groups
  - Interaction with practices
  - Interaction with third sector