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Obesity is the third preventable cause of cancer

- True: 70%
- False: 30%
- Not sure: 0%
Nationally, at least one in four children aged 4-5 is overweight or obese

- True: 85%
- False: 15%
- Not sure: 0%
The National Child Measurement Programme measures approximately how many children each year?

- 700,000: 33%
- 950,000: 33%
- Over 1 million: 33%
As a health professional, do you raise the issue of excess weight with your patients?

- Never: 0%
- Sometimes: 26%
- Often: 74%
Multiple-choice poll

Second (1/4)

**Are you familiar with the evidence based guidelines to prevent and treat obesity?**

- **Very familiar**
  - 9%

- **Know something about them**
  - 44%

- **A bit sketchy**
  - 47%
Multiple-choice poll

Second (2/4)

What is the minimum amount of physical activity a child aged 8 should do a day?

- 30 mins: 42%
- 60 mins: 42%
- 180 mins: 15%
Multiple-choice poll

Second (3/4)
The '100 calorie snacks, two day max' tip applies to all snacks apart from fruit and vegetables

True
52%

False
30%

Don't know
18%
How do you feel about raising the issue or unhealthy weight with your patients?

Comfortable: 74%

Uncomfortable: 26%

Not sure: 0%