PATIENT AGREEMENT TO SYSTEMIC ANTI-CANCER THERAPY: Pembrolizumab

NAME OF PROPOSED COURSE OF TREATMENT: (include brief explanation if medical term not clear)

☐ Given intravenously on day 1, every 21 days. Treatment is continued until disease progression or unacceptable toxicity.

WHERE THE TREATMENT WILL BE GIVEN:

☐ outpatient ☐ day unit/case ☐ inpatient ☐ other: ________________________________

STATEMENT OF HEALTH PROFESSIONAL: (to be filled in by health professional with appropriate knowledge of proposed procedure, as specified in the hospital/Trust’s consent policy)

I have explained the procedure/treatment to the patient. In particular, I have explained:

☑ all relevant boxes

THE INTENDED BENEFITS

☐ CURATIVE – to give you the best possible chance of being cured.
☐ DISEASE CONTROL/PALLIATIVE – the aim is not to cure but to control or shrink the disease.
   The aim is to improve both quality of life and survival.
☐ ADJUVANT – therapy given after surgery to reduce the risk of the cancer coming back.
☐ NEO-ADJUVANT – therapy given before surgery/radiotherapy to shrink the cancer, allow radical treatment and reduce the risk of the cancer coming back.
COMMON SIDE EFFECTS:
More than 10 in every 100 (>10%) people have one or more of the side effects listed:
- Skin reactions (rash and itchiness), feeling sick (nausea) and being sick (vomiting), diarrhoea, tiredness and feeling weak (fatigue), and pain and swelling in the joints.

OCCASIONAL SIDE EFFECTS:
Between 1 and 10 in every 100 (1-10%) people have one or more of these effects:
- Inflammation in the stomach or intestines (causing stomach pain, diarrhoea, and mucus or blood in the stools).
- Inflammation of the liver, severe skin rash, inflammation of the nervous system (causing muscle weakness, and numbness and tingling in the hands and feet), inflammation of the lungs (causing breathlessness and cough), and inflammation of other organs: pancreas, kidneys, eyes (causing blurred vision and eye pain), and hormone producing glands (particularly causing changes in the function of the thyroid gland).
- Anaemia (low number of red blood cells), loss of appetite, headache, dizziness, and dry eyes.
- Infusion-related reactions include allergic reactions (causing a high temperature, chills, shivering (rigors), a headache, and feeling sick (nausea)), and pain at the site of the infusion.

OTHER RISKS:
- Pembrolizumab acts on your immune system and may cause inflammation in parts of the body. This can sometimes cause severe side effects which may be life-threatening. It is important that any side effects are treated when they occur to stop them from getting worse.
- Some side effects begin during treatment but they can sometimes happen months after the last treatment.
- Potential side-effects with the anti-sickness medication may include: constipation, headaches, indigestion, difficulty sleeping and agitation.
- Cancer can increase your risk of developing a blood clot (thrombosis), and having treatment with anti-cancer medicines may increase this risk further. A blood clot may cause pain, redness and swelling in a leg, or breathlessness and chest pain - you must tell your doctor straight away if you have any of these symptoms.
- Some anti-cancer medicines can damage women’s ovaries and men’s sperm. This may lead to infertility in men and women and/or early menopause in women.
- Some anti-cancer medicines may damage the development of a baby in the womb. It is important not to become pregnant or father a child while you are having treatment and for at least 4 months afterwards. It is important to use effective contraception during and for at least 4 months after treatment. You can talk to your doctor or nurse about this.
- Very rarely complications of treatment with anti-cancer medicines can be life-threatening or even result in death. The risks are different for every individual. You can talk to your doctor or nurse about what this means for you.
STATEMENT OF HEALTH PROFESSIONAL (continued)

ANY OTHER RISKS:

☐ I have discussed what the treatment is likely to involve (including inpatient / outpatient treatment, timing of the treatment, blood and any additional tests, follow-up appointments etc) and location.

☐ I have discussed the intended benefits and risks of any available alternative treatments (including no treatment) and any particular concerns of this patient.

THE FOLLOWING LEAFLET HAS BEEN PROVIDED:

☐ Information leaflet and patient alert and for pembrolizumab.
☐ 24 hour chemotherapy service contact details
☐ Other, please state: _______________________________________

Signed: ___________________________ Date: ___________________________
Name (PRINT): ___________________________ Job title: ___________________________

STATEMENT OF INTERPRETER (where appropriate)

INTERPRETER BOOKING REFERENCE (if applicable): ___________________________

I have interpreted the information above to the patient to the best of my ability and in a way in which I believe s/he can understand.

Signed: ___________________________ Date: ___________________________
Name (PRINT): ___________________________ Job title: ___________________________
**CONFIRMATION OF CONSENT**

On behalf of the team treating the patient, I have confirmed with the patient that s/he has no further questions and wishes the procedure to go ahead.

Signed: ____________________________
Date: ____________________________
Name (PRINT): ____________________________
Job title: ____________________________

**IMPORTANT NOTES**: (tick if applicable)

- See also advance decision to refuse treatment
- Patient has withdrawn consent
  (ask patient to sign /date here)

Signed: ____________________________
Date: ____________________________

**FURTHER INFORMATION FOR PATIENTS**

**CONTACT DETAILS** (if patient wishes to discuss options later):

Contact your hospital team if you have any questions about cancer and treatment.

Cancer Research UK can also help answer your questions about cancer and treatment. If you want to talk in confidence, call our information nurses on freephone 0808 800 4040, Monday to Friday, 9am to 5pm. Alternatively visit www.cruk.org for more information.

These forms have been produced by Guy’s and St. Thomas’ NHS Foundation Trust as part of a national project to support clinicians in ensuring all patients are fully informed when consenting to SACT. The project is supported by Cancer Research UK. This does not mean you are taking part in a clinical trial.

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**COPY ACCEPTED BY PATIENT: YES / NO**

(please circle)

**STATEMENT OF PATIENT**

Please read this form carefully. If your treatment has been planned in advance, you should already have your own copy of the form which describes the benefits and risks of the proposed treatment. If not, you will be offered a copy now. If you have any further questions, do ask – we are here to help you. You have the right to change your mind at any time, including after you have signed this form.

I agree to the procedure and course of treatment described on this form.

I understand that you cannot give me a guarantee that a particular person will perform the procedure. The person will, however, have appropriate training and experience.

I understand that any procedure in addition to those described on this form will only be carried out if it is necessary to save my life or to prevent serious harm to my health.

I have been told about additional procedures which may become necessary during my treatment. I have listed below any procedures which I do not wish to be carried out without further discussion:

Patient’s signature: ____________________________
Date: ____________________________
Name (PRINT): ____________________________

A witness should sign below if the patient is unable to sign but has indicated his or her consent. Young people/children may also like a parent to sign here (see notes).

Parent’s/Witness’ signature: ____________________________
Date: ____________________________
Name (PRINT): ____________________________
They have an impairment of the mind or brain or treatment) instead of this form. A patient lacks capacity if adults who lack the capacity to consent to investigation or consent, you should use an alternative form (form for If the patient is 18 or over and lacks the capacity to give consent orally or non-verbally.

In such circumstances, you should do your best to ensure that the patient receives at least very basic information about what is proposed. Where information is refused, you should document this on the consent form or in the patient’s notes.

WHEN NOT TO USE THIS FORM
If the patient is 18 or over and lacks the capacity to give consent, you should use an alternative form (form for adults who lack the capacity to consent to investigation or treatment) instead of this form. A patient lacks capacity if they have an impairment of the mind or brain or treatment they have an impairment of the mind or brain or disturbance affecting the way their mind or brain works and they cannot:

• understand information about the decision to be made
• retain that information in their mind
• use or weigh this information as a part of their decision making process, or
• communicate their decision (by talking, using sign language or any other means)

You should always take all reasonable steps (for example involving more specialist colleagues) to support a patient in making their own decision, before concluding that they are unable to do so.

Relatives cannot be asked to sign a form on behalf of an adult who lacks capacity to consent for themselves, unless they have been given the authority to do so under a Lasting Power of Attorney or as a court deputy.

INFORMATION
Information about what the treatment will involve, its benefits and risks (including side-effects and complications) and the alternatives to the particular procedure proposed, is crucial for patients when making up their minds. The courts have stated that patients should be told about ‘significant risks which would affect the judgement of a reasonable patient’. ‘Significant’ has not been legally defined, but the GMC requires doctors to tell patients about ‘significant, unavoidable or frequently occurring’ risks. In addition if patients make clear they have particular concerns about certain kinds of risk, you should make sure they are informed about these risks, even if they are very small or rare. You should always answer questions honestly. Sometimes, patients may make it clear that they do not want to have any information about the options, but want you to decide on their behalf. In such circumstances, you should do your best to ensure that the patient receives at least very basic information about what is proposed. Where information is refused, you should document this on the consent form or in the patient’s notes.

REFERENCES
1. Summary of Product Characteristics (SPCs) for individual drugs: https://www.medicines.org.uk/emc/
4. Guy’s and St. Thomas’ NHS Foundation Trust, Chemotherapy consent forms.