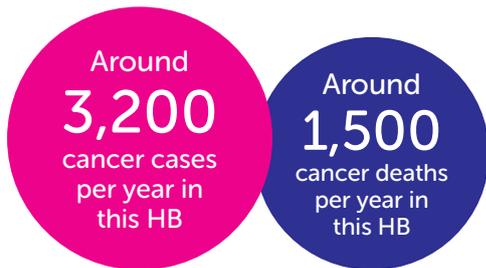


Together we can help beat cancer in Swansea Bay University Health Board

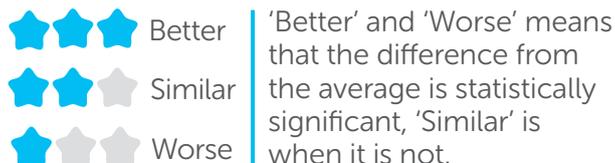
This data refers to:
Health Board (HB): Swansea Bay University Health Board

Contact gemma.roberts@cancer.org.uk for sources and more information



1 in 2 people will get cancer in their lifetime. Rising referrals and a growing population will increase pressure on cancer services. To achieve world-class outcomes for patients, Government must **tackle preventable risk factors and address shortages in the cancer workforce.**

Compared to average:



Together we can prevent more cancers

Around 4 in 10 cancer cases in Wales could be prevented.

Smoking is the largest preventable cause of cancer in Wales.

Overweight and obesity is Wales's second largest preventable cause of cancer. Obese children are around five times more likely to be obese adults.

Smoking



21.5% of adults currently smoke cigarettes in this HB. This is similar to the Wales average (19.0%). The target is 16% by the end of 2020.

Evidence shows that stop smoking services are the most effective way of helping people to quit smoking.

Childhood obesity



26.0% of 4-5 year-olds are overweight or obese in this HB. This is similar to the Wales average (26.4%).

Action: Ask Welsh Government to introduce proposals to restrict new hot-food takeaways near schools without delay.

Together we can diagnose cancer earlier

Bowel screening is one of the best ways to diagnose bowel cancer earlier, but uptake is low. We want 75% of eligible people to take part.

Bowel screening



56.2% of people aged 60-74 take part in bowel cancer screening in this HB. This is similar to the Wales average (55.7%).

Action: Ask your HB what it is doing to increase capacity in endoscopy services to prepare for the optimisation of bowel screening.

Early diagnosis (cancer diagnosed at stages 1 or 2) gives patients more effective treatment options, improving their chance of survival.

Stage at diagnosis

Only **40.4%** of bowel cancers with a known stage are diagnosed early in this HB.

Action: Ask your HB what it will do to improve diagnosis at an earlier stage and plan for rising demand in the future.

And meet rising demand

1 in 10 diagnostic posts in Wales are vacant and many more staff will be needed in the future.

Workforce shortages

Workforce shortages in your area may be affecting cancer services. Cancer outcomes cannot improve without the right staff equipped with the right skills.

Action: Ask Health Education and Improvement Wales to produce a cancer workforce plan.