### **OVERVIEW OF CANCER IN LINLITHGOW**

Cancer Research UK is committed to accelerating progress so that 3 in 4 people survive cancer by 2034.

This data refers to:

Health Board (HB): Lothian

We have chosen data most relevant to your constituency.

### Compared to average:



Better 'Better' and 'Worse' means that the difference from the average is statistically significant, 'Similar' is Worse when it is not.

AROUND
4,700
CANCER CASES
IN THIS HB

AROUND 2,200 CANCER DEATHS IN THIS HB

Sept 2018

### **PREVENTION**



### **Smoking**



**18.8%** of adults currently smoke cigarettes in this HB. This is similar to the Scotland average (21.2%).

ACTION: We're calling for Health Boards to maintain funding for stop smoking services.



### Childhood obesity



**22.8%** of 4-5 year-olds are overweight or obese in this HB. This is similar to the Scotland average (22.9%).

ACTION: We're calling for the Scottish Government to legislate to restrict multi-buy price promotions on junk food.

### **EARLY DIAGNOSIS**



### Stage at diagnosis

Early diagnosis (cancer diagnosed at stages 1 and 2) gives patients more effective treatment options, improving their chance of survival.

Only 56.9% of bowel, breast and lung cancer patients with a known stage are diagnosed early in this HB.



### **Bowel screening**



**55.2%** of people aged 50-74 take part in bowel cancer screening in this HB. This is lower than the Scotland average (55.6%).

This data predates the roll out of the new bowel screening test, FIT, in November 2017.



### **Diagnostics**

### STANDARD NOT MET 🔀

The National Waiting Times Standard states no patient should wait longer than 6 weeks for 8 key diagnostic tests and investigations.

Of these tests, **59.6%** of patients waited longer than 6 weeks for an endoscopy in this HB, and **2.4%** waited longer than 6 weeks for a radiology test.

ACTION ON DIAGNOSTIC WORKFORCE: Greater workforce capacity is needed to diagnose cancer earlier. We're calling on the Scottish Government to take action to address immediate and long-term shortages in the diagnostic workforce.

### **TREATMENT**



### Referral to treatment

### TARGET NOT MET (X)

89.1% of patients in this HB receive their first definitive cancer treatment within 62 days of an urgent GP referral. This is below the national target (95%). The Scotland average, 87.3%, is also below the national target.



### 31-day waiting times

### TARGET NOT MET (X

93.4% of patients in this HB receive their first cancer treatment within 31 days of a decision to treat. This is below the national target (95%). The Scotland average, 94.7%, is also below the national target.

Contact kirsty.slack@cancer.org.uk (0131 718 6361) for sources and more information





# 4 IN 10 CANCER CASES IN SCOTLAND CAN BE PREVENTED...





### Be smoke free

5,736 cases



## Keep a healthy weight

2,153 cases



Protect against certain infections

such as HPV and H.Pylori

1,441 cases



such as asbestos 1,373 cases



**Be safe in the sun** 1,157 cases





Drink less alcohol 1,110 cases



Eat a high fibre diet

1,093 cases



Avoid unnecessary radiation including radon gas and x-rays 553 cases

Cut down on processed meat 490 cases



Avoid air pollution

288 cases



Breastfeed if possible 248 cases



**A** Be more active 171 cases



Minimise HRT use 132 cases

Circle size here is not relative to other infographics based on Brown et al 2018. Source: Brown et al, British Journal of Cancer, 2018

