OVERVIEW OF CANCER IN HYWEL DDA UNIVERSITY HEALTH BOARD

Cancer Research UK is committed to accelerating progress so that 3 in 4 people survive cancer by 2034.

This data refers to:

Health Board (HB): Hywel Dda University Health Board

Compared to average:



Better 'Better' and 'Worse' means that the difference from the average is statistically significant, 'Similar' is when it is not.

AROUND
2,700
CANCER CASES
IN THIS HB

AROUND 1,200 CANCER DEATHS IN THIS HB

Sept 2018

PREVENTION



Smoking



19.7% of adults currently smoke cigarettes in this HB. This is similar to the Wales average (18.7%).



Obesity



28.3% of 4-5 year-olds are overweight or obese in this HB. This is similar to the Wales average (27.1%).



59.3% of adults are overweight or obese in this HB. This is similar to the Wales average (59.5%).

ACTION: The new Obesity Strategy must include measures to restrict price promotions on unhealthy foods.

EARLY DIAGNOSIS



Stage at diagnosis

Early diagnosis (cancer diagnosed at stages 1 and 2) gives patients more effective treatment options, improving their chance of survival.

Only 34.3% of bowel cancers with a known stage are diagnosed early in this HB.



Bowel screening



54.0% of people aged 60-74 take part in bowel cancer screening in this HB. This is higher than the Wales average (53.4%).

TREATMENT



Referral to treatment

TARGET NOT MET (X)

91.1% of patients in this HB receive their first definitive cancer treatment within 62 days of an urgent GP referral. This is below the national target (95%). The Wales average, 87.2%, is also below the national target.



31-day waiting times

TARGET NOT MET (X

97.1% of patients in this HB receive their first cancer treatment within 31 days of a decision to treat. This is below the national target (98%). The Welsh average, 97.3%, is also below the national target.

SURVIVAL



Five year survival

57.1% of people diagnosed with cancer in Wales survive their disease for five years or more.



Survival by stage for bowel cancer

When diagnosed at its earliest stage (stage 1), 97.6% of people in Wales will survive their disease for one year or more, compared with 38.8% when diagnosed at the latest stage (stage 4).

ACTION: The new FIT for bowel screening test must be introduced on time, with a plan to improve the programme even further.

ACTION: Health Education and Improvement Wales must address gaps in the diagnostic workforce, so demand for cancer tests can be met.

Email andy.glyde@cancer.org.uk for sources and more information





4 IN 10 CANCER CASES IN WALES CAN BE PREVENTED...





Be smoke free

3,073 cases



Keep a healthy weight

1,040 cases



Avoid certain substances at work such as asbestos

765 cases





643 cases





Eat a high fibre diet 638 cases



Drink less alcohol

621 cases



Avoid unnecessary radiation including radon gas and x-rays

417 cases



Cut down on processed meat



Breastfeed if possible 132 cases



Minimise HRT use 107 cases Be more active 100 cases Circle size here is not relative to other infographics based on Brown et al 2018. Source: Brown et al, British Journal of Cancer, 2018

TOGETHER WE WILL BEAT CANCER cruk.org/prevention



