OVERVIEW OF CANCER IN ETTRICK, ROXBURGH AND BERWICKSHIRE

Cancer Research UK is committed to accelerating progress so that 3 in 4 people survive cancer by 2034.

This data refers to:

Health Board (HB): Borders

We have chosen data most relevant to your constituency.

Compared to average:



Better 'Better' and 'Worse' means that the difference from the average is statistically significant, 'Similar' is Worse when it is not.

AROUND
790
CANCER CASES
IN THIS HB

AROUND
370
CANCER DEATHS
IN THIS HB

Sept 2018

PREVENTION



Smoking



18.3% of adults currently smoke cigarettes in this HB. This is similar to the Scotland average (21.2%).

ACTION: We're calling for Health Boards to maintain funding for stop smoking services.



Childhood obesity



22.8% of 4-5 year-olds are overweight or obese in this HB. This is similar to the Scotland average (22.9%).

ACTION: We're calling for the Scottish Government to legislate to restrict multi-buy price promotions on junk food.

EARLY DIAGNOSIS



Stage at diagnosis

Early diagnosis (cancer diagnosed at stages 1 and 2) gives patients more effective treatment options, improving their chance of survival.

Only 52.6% of bowel, breast and lung cancer patients with a known stage are diagnosed early in this HB.



Bowel screening



61.8% of people aged 50-74 take part in bowel cancer screening in this HB. This is higher than the Scotland average (55.6%).

This data predates the roll out of the new bowel screening test, FIT, in November 2017.



Diagnostics

STANDARD NOT MET (X

The National Waiting Times Standard states no patient should wait longer than 6 weeks for 8 key diagnostic tests and investigations.

Of these tests, 4.4% of patients waited longer than 6 weeks for an endoscopy in this HB, and 14.8% waited longer than 6 weeks for a radiology test.

ACTION ON DIAGNOSTIC WORKFORCE: Greater workforce capacity is needed to diagnose cancer earlier. We're calling on the Scottish Government to take action to address immediate and long-term shortages in the diagnostic workforce.

TREATMENT



Referral to treatment

TARGET MET

96.1% of patients in this HB receive their first definitive cancer treatment within 62 days of an urgent GP referral. This is above the national target (95%). The Scotland average, 87.3%, is below the national target.



31-day waiting times

TARGET MET

98.8% of patients in this HB receive their first cancer treatment within 31 days of a decision to treat. This is above the national target (95%). The Scotland average, 94.7%, is below the national target.

Contact kirsty.slack@cancer.org.uk (0131 718 6361) for sources and more information





4 IN 10 CANCER CASES IN SCOTLAND CAN BE PREVENTED...





Be smoke free

5,736 cases



Keep a healthy weight

2,153 cases



Protect against certain infections

such as HPV and H.Pylori

1,441 cases



such as asbestos 1,373 cases



Be safe in the sun 1,157 cases





Drink less alcohol 1,110 cases



Eat a high fibre diet

1,093 cases



Avoid unnecessary radiation including radon gas and x-rays 553 cases

Cut down on processed meat 490 cases



Avoid air pollution

288 cases



Breastfeed if possible 248 cases



A Be more active 171 cases



Minimise HRT use 132 cases

Circle size here is not relative to other infographics based on Brown et al 2018. Source: Brown et al, British Journal of Cancer, 2018

