Cascade Programme workshop summary
The DoubleTree by Hilton, Leeds, 11th May 2017

Cascade workshops are an initiative supported by the Royal College of General Practitioners (RCGP) and Cancer Research UK (CRUK).

They provide a forum for information sharing, networking and generation of practical ideas about how to implement cancer quality improvement activities within primary care settings.

WORKSHOP OVERVIEW

The 11th Cancer Cascade workshop, held in Leeds on 11 May 2017, focused on diagnostics. We had some excellent local speakers presenting on Cancer Alliances, current primary care research and local early diagnosis projects, as well as a session on the primary/secondary care interface. The workshop provided the opportunity to:

✓ learn about practical ways to drive improvements in cancer control
✓ hear from and meet academics and local cancer leaders
✓ network with other cancer champions from other areas
✓ discuss and share ideas for local improvement activities

The workshop agenda (see Appendix I) included:

• A presentation on Cancer Alliances and achieving world class cancer services for England delivered by Professor Sean Duffy.¹
• A session on the primary/secondary care interface from Dr Sapna Puppala.²
• A presentation on the CanTest Collaborative from Professor Richard Neal.³
• An update on latest developments in cancer control from Dr Richard Roope.⁴
• A ‘show and tell’ session of local early diagnosis projects.

Presentations will be shared with workshop participants – please see attached

DELEGATE EXPECTATIONS

At the beginning of the day, delegates were invited to share their expectations of what they would get out of attending Cascade. These included:

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¹ Cancer Programme Director, West Yorkshire Cancer Alliance
² Consultant Radiologist, Leeds General Infirmary and RCR Regional Chair
³ Professor of Primary Care Oncology, University of Leeds
⁴ CRUK/RCGP Clinical Champion for Cancer
• Understand how primary and secondary care can work together better
• Hear about local ACE projects
• Find primary – secondary care improvements to make in local areas
• Hear how others are thinking about vague symptoms pathways
• Share learnings and best practice
• Find out how others overcome challenges in early diagnosis

PRESENTATIONS

1. Cancer Alliances and Achieving World Class Cancer Services for England (Professor Sean Duffy)

Professor Duffy began by discussing the current picture in terms of cancer survival — the progress made and also some of the key challenges we still face. He then covered the following key points in his presentation:

• Background to the 2015 cancer strategy for England, “Achieving World Class Outcomes”, and the ambitions of the strategy
• Local integration as the key to the NHS Five Year Forward View
• What STPs look like and their benefits
• Emerging models in England
• What a good system looks like – Sean’s 5 rules
• The use of logic models

This was followed by a group discussion and Q&A with Professor Duffy.

2. The Primary/Secondary Care Interface – Dr Sapna Puppala

This session on the primary/secondary care interface was led by Dr Sapna Puppala, consultant radiologist at Leeds General Infirmary, and covered the following:

• The interface between primary care, radiology and MDT tertiary care
• An update on iRefer – what is new in the latest version?
  - Inclusion of key references and relevant guidance
  - Improved, easier-to-access format
  - The ability to personalise and build your own MyRefer
• The regional imaging collaborative
• Shared examples of good and bad practice
• Determining responsibility for a patient between primary care, A&E and radiology

This was followed by a group discussion and Q&A with Dr Puppala, which covered points including:

- Who has the responsibility for communicating to the patient?
- How to achieve patient buy-in to travel for CT scans
- Challenges with electronic systems and ensuring that this accounts for practices
different ways of working
- The process for missed reporting

3. The CanTest Collaborative (Professor Richard Neal)

Professor Richard Neal provided delegates with some insight in to the CanTest Collaborative – a CRUK funded project led by primary care researchers to assess GP access to diagnostic tests. Professor covered the following:

- A brief introduction to the expanding role of primary care in cancer
- How and when cancer patients are currently diagnosed
- The national ambition to achieve earlier diagnosis – and how primary care can play a part
- An introduction to the CanTest Collaborative
  - CRUK Catalyst Award 2017-2022 “Detecting cancer in primary care: a paradigm shift in cancer diagnosis”
  - Aims of the research
  - Possible benefits and possible harms of testing in primary care
  - The spectrum of tests, cancers and place in the diagnostic pathway
  - Institutions involved and key contacts

Professor Neal then sought feedback from delegates on the proposals for CanTest, including:

- What would you want?
- Where in the pathway?
- What are the difficulties in current primary care diagnostics?

For further information on CanTest, or to contact the researchers involved, please see details here.

4. What’s New? (Dr Richard Roope)

Dr Richard Roope gave an update on some of the latest developments in cancer control, including:

- Breast cancer presentation: 1 in 6 cases of breast cancer begin with non-lump symptoms, and the recent ‘Know Your Lemons’ campaign
- Very brief intervention: Very brief advice from GPs has been found to have an impact on weight loss, and CRUK and RCGP have recently launched an e-learning module on VBA
- Emergency presentation of cancer: Findings from a recent paper "Does emergency presentation of cancer represent poor performance in primary care?"
- Colorectal cancer: routes to diagnosis, increasing incidence and key symptoms.
- E-cigarettes: concerns, effectiveness, increased usage and an update on the CRUK-RCGP position statement which can be seen here.
• New CRUK stats and infographics: New infographics on screening, obesity, alcohol and inactivity are all available now online.

During group discussion, there was reference to safety netting, and a paper by Professor Brian Nicholson which can be read here. Further information on safety netting can be found on CRUK’s website and from the CASNET study.

5. Show and tell – local early diagnosis

In this session, 4 local speakers came to give an update on the cancer projects they have been working on.

Joanna Bayton-Smith – Leeds ACE and 28 Day projects

Joanna gave an overview of the Leeds Cancer Strategy and structure, and then focused on some of the early diagnosis work stream projects including:

• Leeds ACE – the model, rollout and emerging findings
• 28 Days Faster Diagnosis Standard – scope and progress to date

Danielle Longworth and Dr Helena Rolfe – Airedale ACE MDC

Danielle and Dr Rolfe presented on the Airedale ACE 2 project – the Multi-Disciplinary Diagnostic Centre.

• Aims of the project
• Key targets
• The MDC patient pathway
• Patient criteria
• Key learnings so far

More information about ACE programmes can be found here.

Dr Daniel Jones – SEAs for lung and bowel cancers

Dr Jones presented on his PhD research completing SEAs for 74 local cases of bowel and 118 local cases of lung cancers. This included:

- Patient demographics, presenting symptoms, type of referral
- Common themes
- Examples of best practice and cases where key learning points could be taken

For further information, please see the attached presentation on SEAs, or contact the Cascade team with your questions to be passed on to Dr Jones.

If you are interested in SEA work, please see the Thames Valley audit of patients diagnosed with cancer following an emergency presentation.

TAKEAWAY ACTIONS

At the end of the workshop attendees were invited to identify one action or area worthy of further consideration that they would take away from the day. Below is a list of just some of the key actions highlighted by participants:

• Promote lifestyle changes and recommend e-cigarettes as an option for nicotine replacement in smokers.
• Promote cost of smoking cessation vs cost of chemo to the CCG
• To be pro-active in recommending e-cigarettes and use the VBA e-learning, take on board the points from the SEAs
• Work more with the bowel screening hub and share the VBA module
• Look at how we deliver health promotion messages in our practice
• Try to improve smoking cessation and bowel screening uptake
• To organise collaborative working with others such as Leeds on screening initiatives
• Take the VBA module, promote cancer screening and look into how we can get more CT scan access
• Improve my safety netting presentation, develop vague symptoms pathway, get VBA rolled out to as many with patient contact as possible
• Look into ACE and what we can take from it
• Consider a screening admin champion
• Communicate this message to GP Cancer Leads – 3 times attending for the same symptom = refer, and high % of negative chest x-rays go on to have cancer diagnosis

For further information on any of the above, please don’t hesitate to get in touch with the Cascade team.

Contact: Cascade@cancer.org.uk
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<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>09:00 – 09:30</td>
<td>Arrival and registration</td>
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<tr>
<td>09:30 – 09:40</td>
<td>Welcome&lt;br&gt;Dr Richard Roope – CRUK/RCGP Clinical Lead for Cancer</td>
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<td>09:40 – 09:50</td>
<td>Your expectations/ objectives for the day</td>
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<td>09:50 – 10:25</td>
<td>Key note speech – Cancer Alliances&lt;br&gt;Professor Sean Duffy – Cancer Programme Director, West Yorkshire Cancer Alliance</td>
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<td>10:25 – 10:45</td>
<td>Group discussion on primary care and Cancer Alliances&lt;br&gt;Facilitated by Dr Richard Roope</td>
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<td>10:45 – 11:00</td>
<td>Tea and networking</td>
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<td>11:00 – 12:00</td>
<td>The primary/secondary care interface&lt;br&gt;Dr Sapna Puppala, Consultant Radiologist, Leeds General Infirmary</td>
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<td>12:00 – 12:30</td>
<td>The CanTest Collaborative – a catalyst to help GPs diagnose cancer&lt;br&gt;Professor Richard Neal – Professor of Primary Care Oncology, University of Leeds</td>
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<td>12:30 – 12:45</td>
<td>Q&amp;A on the CanTest Collaborative</td>
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<td>12:45– 13:45</td>
<td>Lunch and networking</td>
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<td>13:45– 14:15</td>
<td>What’s New?&lt;br&gt;Dr Richard Roope – CRUK/RCGP Clinical Lead for Cancer</td>
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<td>14:15 – 15:45</td>
<td>Show and Tell – local early diagnosis projects&lt;br&gt;• Airedale ACE project – Danielle Longworth &amp; Dr Helena Rolfe&lt;br&gt;• Leeds ACE and 28 Days – Joanna Bayton-Smith, Macmillan Leeds Cancer Programme Manager&lt;br&gt;• SEAs on lung and bowel cancer – Dr Dan Jones&lt;br&gt;Opportunity for delegates to present on areas of their own work</td>
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<td>15:45 – 16:00</td>
<td>Action planning and wrap up&lt;br&gt;Dr Richard Roope – CRUK / RCGP Clinical Lead for Cancer</td>
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<td>16:00</td>
<td>Close - Tea and networking</td>
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