



TALK CANCER FACE-TO-FACE TRAINING WORKSHOPS

LEARNING OUTCOMES



The Talk Cancer programme has a variety of workshops that offer trainees a number of different learning outcomes. These are summarised below.

LEARNING OUTCOME			WORKSHOPS					BY THE END OF THE WORKSHOP, TRAINEES WILL BE ABLE TO...	
			CORE		PHARMACY		TRAIN THE PRESENTER		
			FULL-DAY	3-HOUR	3-HOUR	90 MIN			
General cancer awareness knowledge gained	TC1 Understand and discuss general cancer awareness information	1.1	●	●	●	●	●	Explain what cancer is in simple terms	
		1.2	●	●	●	●	●	●	Recall key cancer statistics about prevention, incidence, survival, and early diagnosis
		1.3	●	●	●	●	●	●	Identify and signpost to reliable sources of information about health and cancer
		1.4	●	●	●	●	●	●	Identify and signpost to appropriate support services and resources
Application of knowledge specifically relating to prevention, early diagnosis and screening	TC2 Understand and encourage people to make healthy lifestyle changes	2.1*	●	●	●	●	●	Discuss the impact of different lifestyle factors on the risk of developing cancer	
		2.2*	●	●	●	●	○	○	Be aware of the impact of different lifestyle factors on the risk of developing cancer
		2.3	●	●	●	●	●	●	Explain the difference between evidence-based cancer risk factors, and myths about what increases cancer risk
		2.4	●	●	●	●	●	●	Have an awareness of the difference between evidence-based cancer risk factors, and myths about what increases cancer risk
		2.5	●	●	●	●	●	●	Share practical tips that promote healthy lifestyle changes and support people to make them
	TC3 Understand the importance of early diagnosis of cancer and empower people to seek help earlier	3.1*	●	○	○	○	○	○	Signpost to available national and local lifestyle support services where appropriate
		3.2	●	●	●	●	●	●	Demonstrate how they can support people to address and overcome barriers which prevent them from making a healthy lifestyle change
		3.3*	●	○	○	○	○	○	Communicate the importance of spotting cancer early
		3.4	●	●	●	●	●	●	Understand the importance of spotting cancer early
	TC4 Understand and discuss the NHS Cancer Screening Programmes	4.1*	●	○	○	○	○	○	Appreciate the positive impact an early diagnosis of cancer can have, compared to a later diagnosis
		4.2	●	●	●	●	●	●	Identify opportunities to discuss and promote the importance of people knowing what's normal for their bodies, and empower them to act early if anything's unusual
		4.3	●	●	●	●	●	●	Promote the importance of people knowing what's normal for their bodies, and empower them to act early if anything's unusual
4.4		●	●	●	●	●	●	Encourage people to visit the GP and relevant services with any concerns, and signpost appropriately	
4.5*		●	●	●	●	○	○	Discuss the NHS Cancer Screening Programmes currently available in the UK	
Confidence to incorporate cancer awareness into their roles	TC5 Confidently talk about and promote cancer awareness within their role; highlighting key messages clearly and appropriately	5.1	●	●	●	●	●	Be aware of the NHS Cancer Screening Programmes currently available in the UK	
		5.2	●	●	●	●	●	●	Describe the role of NHS Cancer Screening Programmes in earlier diagnosis
		5.3*	●	○	○	○	○	○	Explore barriers to participation in NHS Cancer Screening Programmes
		5.4	●	○	○	○	○	○	Share practical tips for completing the Bowel Cancer Screening Programme
		5.5	●	○	○	○	○	○	Understand the processes and eligibility criteria associated with each of the NHS Cancer Screening Programmes
Addressing barriers and attitudes	TC6 Appreciate and address the fears and barriers faced by people when talking about cancer	6.1	●	●	●	●	●	Be aware of the eligibility criteria and processes associated with each of the NHS Cancer Screening Programmes	
		6.2	●	●	●	●	●	●	Appreciate the importance and impact of talking about cancer and health
		6.3	●	○	○	○	○	○	Recognise the boundaries of their role when having conversations about cancer and health
		6.4	●	○	○	○	○	○	Initiate and identify opportunities within their role to integrate cancer awareness and health messages
Optimise pharmacy setting	PH1 Optimise the potential of the pharmacy setting for raising awareness of cancer	1.1			●	●		Identify opportunities within their role to integrate cancer awareness and health messages	
		1.2			●	●			Manage difficult conversations, using reflective listening when talking to someone about cancer and the key prevention, screening and early diagnosis messages
		1.3			●	●			Demonstrate how to introduce general cancer awareness information into conversations, comfortably
		1.4			●	●			Recognise and appreciate common attitudes and beliefs many people have about cancer, including fear and fatalism, and how these can act as barriers to taking action
Presentation and communication skills	TTP1 Present a Cancer Research UK cancer awareness scripted presentation and manage related questions and discussion	1.1					●	Identify and discuss common barriers people may experience when trying to take positive action for their health	
		1.2						●	Recognise and be self-aware of the impact their own personal beliefs may have when talking about cancer
		1.3						●	Display empathy during cancer and health-related conversations
		1.4						●	Appreciate the specific role that pharmacies can play in health promotion and cancer awareness
		1.5						●	Create and recognise opportunities to include cancer awareness as part of their role as health champions for the community