Cancer awareness training: Talk Cancer
Helping you have conversations that could save lives

Together we will beat cancer
Did you know that around 4 in 10 cases of cancer in the UK could be prevented?

We want to help more people feel confident having conversations with others about reducing their risk of cancer and the importance of spotting cancer early. By inspiring people to take positive actions for their health, we can help prevent cancer and encourage early diagnoses, which can save thousands of lives. But we know that talking about cancer isn’t always easy. That’s why we’ve developed the Talk Cancer training programme.

Our training has been developed by experienced nurses. It isn’t a lesson or a lecture – it’s a shared experience that leaves you ready to have simple, yet powerful, conversations with people in your community.

Taking part will help you to...

- Guide people on how they could reduce their risk of getting cancer
- Help people understand the importance of spotting cancer early and the screening programmes available
- Encourage people to be aware of what’s normal for their body and visit a doctor promptly with any concerns
- Have effective, supportive conversations about health in general

How can you take part in Talk Cancer training?

We offer two types of training:

**Face-to-face workshops**
Led by our expert trainers, available at any UK location. There are different types of workshops available to suit different needs.

**Online course**
A self-directed course available to start any time online, from any device.
Face-to-face
Talk Cancer workshops

Talk Cancer workshops are hands-on, lively and practical training sessions, led by expert trainers with years of experience talking to the public about cancer and health.

Who are the workshops for?
Groups of people who are able to promote health and wellbeing in their community. Whether you’re a healthcare professional, work or volunteer in your community or are in any role where you discuss health with others – you can make a difference.

What workshops are available?
There are various workshops available to suit different needs, including a number of funded face-to-face workshops, where CRUK will cover the group workshop fee.

How do I apply for a funded workshop?
We have a number of funded group workshops available that we allocate as fairly as possible to suitable groups. You can complete an eligibility check for a funded workshop on our website.

<table>
<thead>
<tr>
<th>Workshop name</th>
<th>Length</th>
<th>Group workshop fee*</th>
<th>Capacity</th>
<th>Summary of learning outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Talk Cancer</td>
<td>3 hrs</td>
<td>£600</td>
<td>10–20</td>
<td>• Cancer facts and myths&lt;br&gt;• Reducing risk with healthier lifestyle&lt;br&gt;• Importance of early diagnosis&lt;br&gt;• National cancer screening programmes&lt;br&gt;• Tackling barriers, fear and fatalism (less in-depth coverage for 3-hour)</td>
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<tr>
<td></td>
<td>Full day</td>
<td>£800</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Talk Cancer: For Pharmacy</td>
<td>90 mins</td>
<td>£500</td>
<td>10–50</td>
<td>Talk Cancer tailored for pharmacy staff, plus:&lt;br&gt;• Optimising cancer awareness in the pharmacy setting (less in-depth coverage for 90 minutes)</td>
</tr>
<tr>
<td></td>
<td>3 hrs</td>
<td>£600</td>
<td>10–20</td>
<td></td>
</tr>
<tr>
<td>Talk Cancer: Train the presenter</td>
<td>Full day</td>
<td>£1,000</td>
<td>10–16</td>
<td>Concise version of Talk Cancer, plus:&lt;br&gt;• Delivering a scripted cancer awareness presentation&lt;br&gt;• Managing audience questions and discussion</td>
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</tbody>
</table>

A detailed list of all learning outcomes is available on our website

*Group workshop fee (non-funded)
See details for funded workshops in ‘How do I apply for a funded workshop?’
How do I book a workshop?

To book a workshop for a group, or register to join a workshop that’s been booked near you as an individual, just head to our website or get in touch with us at:

- www.cruk.org/talkcancer
- talkcancer@cancer.org.uk
- 020 3469 8111

What do our trainees say?

99% of our workshop trainees are satisfied with the knowledge and confidence they gained to talk about cancer awareness.

“I think when we were first told about the cancer training I thought “oh it’s all going to be morbid and boring”, but it was good fun and upbeat, and made us aware that people are surviving more. That’s why I would recommend people to go on it – it’s changed my view from a negative outlook to a positive one”.

– health trainer
Talking About Cancer Online Course

Our online course ‘Talking About Cancer: Reducing Risk, Early Detection and Mythbusting’ takes a less in-depth approach to cancer awareness training, for a more general audience.

The course is available to start at any time and accessible on any device for free. It takes around three hours to complete, but you can take it at your own pace within the 5 weeks access period from your start date. Learning is via interactive quizzes, videos, articles, discussion boards and downloadable resources.

Who is the course for?
Anyone with an interest in talking about cancer, whether in a personal or professional context.

How do I join the course?
You can read more about what the course covers and join at: www.futurelearn.com/courses/talking-about-cancer

What do our online learners say?
97% of learners feel confident to discuss things that can reduce the risk of cancer after the course.

“I would suggest to anyone who has any connection with cancer to consider completing this course – whether a patient, professional, friend or family member. It explains what cancer is and demystifies the subject, all in plain and simple language.”
Talk Cancer training helps you have conversations that could save lives.

If you’ve got questions, or would like any further information, please don’t hesitate to contact us.

✉️ talkcancer@cancer.org.uk
📞 020 3469 8111
🌐 cruk.org/talkcancer
🐦 @TalkCancer_CRUK