

CRUK Gambling Self-exclusion form



CRUK encourages people to gamble responsibly and seek help should gambling become a problem. By completing and submitting this form, you will be advising us that you wish to restrict your gambling activity and be excluded from CRUK Lottery and Superdraw activity.

As part of this exclusion, we will prevent you for taking part in the Lottery or Superdraw for a minimum of six months and until you tell us that you wish to start gambling again by calling us on 0300 123 3019. We will also immediately cancel your entry and we will stop sending you gambling related marketing material.

Please complete and sign this form, and return it to Cancer Research UK

- by email: raffle@cancer.org.uk; or
- by post: Supporter Contact, Cancer Research UK, PO Box 1561, Oxford OX4 9GZ

| | |
|---------------|--|
| Title | |
| First name | |
| Surname | |
| Date of birth | |

| | |
|----------------|--|
| Address line 1 | |
| Address line 2 | |
| Address line 3 | |
| Town | |
| Postcode | |

Date: _____ Signed: _____

Your details are safe with us.
You can check out our Privacy Policy at www.cruk.org for more details.

Further Help - Counselling and Support Services

If you or a family member feel that you are experiencing problems with gambling or are gambling more than you really want to, you can seek advice and support from trained counsellors at BeGambleAware. You can call the National Gambling Helpline on 0800 8020 133 or visit their website at begambleaware.org

Software is available to prevent an individual computer from accessing gambling internet sites – please see www.gamblock.com for further information.

For more information on Cancer Research UK's approach to responsible gambling, please see our [Social Responsibility Policy](#)