



"I visited my local mobile screening unit in 2003 and was re-called for more tests which showed I had breast cancer. I was treated with surgery, radiotherapy and chemotherapy. It was a difficult time but the mammogram saved my life."

Pat from Cheshire

This is Pat's story - what's yours?

You won't need a stamp but using one will help us fund more research

Share your story
Cancer Research UK
FREEPOST WC4066/3
London
WC2A 3BR



share your story

Around 285,000 people are diagnosed with cancer each year in the UK. Our research has shown that many cancer patients don't get enough information. Raising awareness with Cancer Research UK helps people understand cancer and highlights our research and campaigns.

Visit www.cancerresearchuk.org/shareyourstory for more information about sharing your experience of cancer and helping raise awareness.

You can also contact our Patient Liaison team via email mystory@cancer.org.uk or post Patient Liaison, Cancer Research UK, PO Box 123, London WC2A 3PX (please mark the letter as private and confidential).

For information about cancer, visit our website www.cancerhelp.org.uk. The award-winning site contains information for people with cancer, their families and friends. You can also contact our specialist Cancer Information Nurses on 020 7061 8355 or freephone 0808 800 4040.

"I was 37 when I was diagnosed with cancer. Going through the diagnosis and treatment was the hardest thing I've ever had to face, but now I want to raise awareness and help other people understand cancer." Val from Manchester

Look inside to find out how your story could help beat cancer

Together we will beat cancer



Share your story and help us beat cancer

By sharing your story you can help us show the experiences of people affected by cancer. Your story helps us raise awareness about the impact of cancer and can reassure people that they are not alone.

Real life stories are an invaluable way of showing the importance of cancer research - you may have seen someone sharing their story in your local newspaper or for one of our recent campaigns. This really helps Cancer Research UK connect with people and raise awareness about the progress being made.

- You may have been treated for cancer or be living with cancer.
- You may be the parent or guardian of a child who has had cancer.
- You may have lost a close relative to cancer.

Share your story and help raise awareness



Ways you can help

There are many ways you can share your story and help Cancer Research UK. You could:

- **Talk** to your local or national media (newspapers, radio, TV and magazines).
- **Appear** in a Cancer Research UK advert, fundraising mailing or on our website.
- **Speak** in person to our volunteers and potential supporters.
- **Review** material for people with cancer and their friends and families.

If you would like to share your story, a member of staff from Cancer Research UK will contact you and explain more about what's involved and talk to you about your experience. We will then get in touch if we receive a request you may be able to help with. You will always have the option to say no to any request.

We understand that your circumstances may change over time and you might wish to become more or less involved – just let us know!

"I was shocked when I was diagnosed with a rare form of stomach cancer; doctors found a tumour the size of a football. I had extensive surgery but as the tumour was so advanced it had already spread. Now I am living with cancer and I'm passionate about using my experience to help others." Raj from London

By sharing your experience of cancer with others you can help us to raise awareness and beat cancer. Cancer affects all kinds of people and we want to hear from people of all ages and all walks of life.

If you would like to share your story visit www.cancerresearchuk.org/shareyourstory and fill out our online form or fill in your details below:

Name:

Address:

Postcode:

Phone number: Date of birth: / /

Email address:

Please provide a brief outline of your experience of cancer (include whether you have had cancer and details of your diagnosis and treatment if relevant):

What's motivated you to share your story with Cancer Research UK?:

Are you happy to be named, pictured and identified by your town?:

Your signature: Date: / /

Cancer Research UK would also like to keep you up to date with details of other activities. If you would like to receive this information by email please tick this box.

By providing us with any personal data you consent to the terms and conditions of our [privacy statement](#) available at www.cancerresearchuk.org

We will always ask you before we pass on your contact details to journalists or other third parties.